

09/30/08

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MINUTES OF THE REGULAR MEETING  
OF THE SENIOR ADVISORY COMMISSION  
August 25, 2008

COMMISSIONERS PRESENT: Dwight Collins, Anne Creighton, Patrick Driscoll, Frank Kadlecsek, Foster Lopes, Edward Murphy, Alice Pivacek

STAFF PRESENT: Marilyn Dippell, Acting Recreation Superintendent  
Phil Orr, Recreation Supervisor  
Renee Furtado, Recreation Supervisor  
Megan Kristalyn, Recreation Office Assistant

GUESTS: Marge Banko, Glorian Quigley, Doris Modesitt, Robert Modesitt, Suzie Keels, Tom Freitas, Helen Rezendes, Jean Salmon, Donna Marencia, Anita Marencia

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MATTERS FOR COUNCIL ACTION – None

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- I. CALL TO ORDER – The meeting was called to order by Chair Murphy.
- II. MINUTES OF THE June 23, 2008 MEETING – Minutes were approved with the following correction: Add Aldyth Parle as a guest.
- III. SUMMARY OF CITY COUNCIL ACTIONS – No report.
- IV. CORRESPONDENCE/COMMUNICATION – Ethics Training for all City Commissioners.
- V. REPORTS–
  - A. Research on Aging Consultant – No report.
  - B. Health and Wellness/Case Management – Commissioner Creighton read Mallory Von Kugelgen's report on programs; Ongoing Programs: Blood Pressure Clinic: 139, Walk 'n' Talk: 76, Office Visits: 51 and Home Visits: 17, Telephone/email consults: 9, Emergency 911 calls: 0, First aid response/Senior Center: 1. Case Management Report for July; Total Active Clients: 82, New Clients: 22, Ongoing cases served: 10, Home visits: 20, Office visits: 7, Donations: \$45. Home Care registry; Total Clients served: 52, New: 28, Ongoing: 24, Interviews: 42, Information and referral: 39, Phone calls: 546, Donations: \$65.
  - C. Council on Aging – Commissioner Murphy reported that August 25 is the first meeting for the Aging Advisory Council after being on vacation. Commissioner Murphy suggested that Commissioner Collins replace him as the liaison to the Council on Aging and attend their meetings. Commissioner Collins agreed to attend the next meeting.
  - D. Senior Center Needs/Transportation – Commissioner Pivacek noted improvements in restrooms.
  - E. California Senior Legislature – Commissioner Lopes proposed new format for Commission Agenda; add Roll Call and move 'Director's Reports' and 'New Business' to the bottom because it cannot be acted on during meeting. Commission Creighton moved to put the new Agenda format on next meeting's Agenda for discussion; Commissioner Collins seconded the motion. The motion was approved by Commission.

- F. Volunteers/Communication- Commissioner Kadlecek reported that the fitness volunteers met with staff last week to review rules and standardize procedures. Commissioner Kadlecek had a concern about outgoing calls being allowed in fitness room, emergency phone calls and those to any other city telephone are allowed but other calls have been restricted; he would like clarification on "abuse" of phones as reported by staff. Commissioner Lopes added the note of no cell phone use in the fitness room and the rule of having to leave the room if you want to talk on your phone.
- G. Nutrition -- Staff read the Nutrition Site Manager's report,; 1081 lunches served and 18 new members in August; daily average 70. Thursdays are the most popular day because of the live music offered during lunch. Commissioner Collins requested the results of the survey given to seniors evaluating the nutrition program. Staff will report back on results and information on what happens when lunch sign ups have reached maximum capacity.

## VI. NEW BUSINESS

- A. Photographs taken of Commission and New Commissioner August 25
- B. Boards and Commissions Recognition Dinner - October 10, 2008 at Santa Clara Convention Center – Spouses are invited and staff will report on the time of dinner to Commission as soon as the information is available.
- C. Saturday Fitness Center Hours – Commissioner Kadlecek reported on the hours when the fitness room was initially opened; according to Commissioner Kadlecek many citizens are expressing a desire to work out during different hours. Commissioner Kadlecek proposed that the Senior Center should open the gym from 9am-3pm on Saturdays. Staff reported on fitness room usage on Saturdays; peak hours are between 9am-1:30pm with the peak hour being 10:30am and an average of 175 people per Saturday. Commissioner Lopes moved to create a survey asking seniors their preference of when the Senior Center should be open. Commissioner Driscoll seconded the motion. The motion was approved by Commission.
- D. Staff Reports -
  - 1) Floor repairs in lobby in front of elevators – Ongoing issue with floor tile in lobby. Repairs should begin on Admissions Day and continue through Veteran's Day.
  - 2) Recommendation to change meeting rooms – Commissioner Lopes stated preference for Commission to meet in a configuration where public/guests can be faced. Once current commitments have been fulfilled staff will look into availability for new meeting space or a reconfiguration of existing room. Commissioner Lopes moved staff to research most appropriate room availability, Commissioner Collins seconded the motion. The motion was approved by Commission.
  - 3) Senior Advisory Commission agenda process – Staff clarified public posting of Agenda 72 hours prior to meeting; requests all agenda items be given to Phil Orr by Monday at noon, 1 week prior to meeting. Agenda will be mailed that Tuesday or Wednesday to Commissioners and posted in the lobby by Thursday. Commissioner Kadlecek moved Meeting Minutes to be posted two weeks prior to meeting rather than the week prior. Staff will work to meet this request. Commissioner Lopes seconded the motion. The motion was approved by Commission.
  - 4) Staff reported on Belovida Senior Housing Groundbreaking Ceremony on September 4<sup>th</sup> at 10am. The program, "No Drugs Down the Drain", a partnership with the City of San Jose for Pollution Prevention Week October 4<sup>th</sup> – 11<sup>th</sup> to protect Santa Clara County water. A pharmacist will be at the Senior Center on October 8<sup>th</sup> from 9am-1pm to answer any questions. City of San Jose Environmental Services on September 18th from 10am-2pm will give a free digital thermometer for every mercury one turned in at the Senior

Center (also cell phones and pagers will be collected and recycled).

VII. OLD BUSINESS

- A. Staff reported on non-resident volunteers using the fitness room and on Therapeutic Recreation Services using the Senior Center.
- B. Santa Clara Unified School District – Adult Education was invited to attend September meeting to discuss new programs and City agreement.
- C. Santa Clara Fire Department was invited to attend upcoming meeting to speak about AED devices.
- D. Public posting of contact information for Senior Advisory Commission -- Commission agreed that either form (phone, cell phone, email) of contact information would be significant enough for posting.

VIII. PUBLIC PRESENTATIONS-

Glorian Quigley expressed how important the process of a Commission is to the citizens.

Doris Modesitt questioned whether cell phones would be collected and processed at the September 18 event.

Anita Marencia was concerned that non-resident volunteers were only volunteering for four hours a week and getting full access to Senior Center facility; when residents of Santa Clara are not able to sign up to volunteer because the list is full. Commissioner Lopes requested information regarding residents being turned away from volunteering due to the list being full.

Marge Banko was concerned about acoustics if meetings moved to a larger room; suggested reconfiguring current room's layout. Marge also noted that Therapeutic Recreation Services use in the Senior Center was drafted in the original proposal of the Senior Center.

- IX. CONFERENCE AND TRAVEL AB1234 – No one will be attending.
- X. SUGGESTION BOX REVIEW –Staff will try to get a list of suggestions from box out to Commission before Commission meetings.
- XI. There being no further business, the meeting was adjourned. The next regular meeting is scheduled for September 22, 2008 at 10:00 a.m. at the Senior Center Conference Room.

Prepared by:

  
GEORGE FRIEDENBACH  
Acting Director of Parks and Recreation

  
ANNE CREIGHTON  
Secretary